

Body measurement tables



LADIES

Unisex sizes	XS		S		M		L		XL		XXL		3XL		4XL		
German sizes	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64
Body height	168	168	168	168	168	168	168	168	168	168	168	168	168	168	168	168	168
Chest measurement	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146	152	158
Waist measurement	62	65	68	72	76	80	84	88	94	101	107	114	120	127	133	140	146
Hip measurement	86	90	94	97	100	103	106	109	114	119	124	129	134	139	144	149	154

MEN

Unisex sizes	XS		S		M		L		XL		XXL		3XL		4XL	
Normal sizes	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70
Body height	162	165	168	171	174	177	180	182	184	186	188	190	192	194	196	198
Chest measurement	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140
Waist measurement	68	72	76	80	84	88	92	96	102	108	114	120	124	128	132	136
Inside leg length	76	77	78	79	80	83	84	85	86	87	87	88	88.5	89	89.5	90

Slim sizes	88	90	94	98	102	106	110	114
Body height	174	177	180	183	186	188	190	192
Chest measurement	88	92	96	100	104	108	112	116
Waist measurement	74	78	82	86	90	94	100	106
Inside leg length	80	81	82	83	84	85	86	87

Short sizes	24	25	26	27	28	29	30
Body height	168	171	174	176	178	180	182
Chest measurement	96	100	104	108	112	116	120
Waist measurement	88	92	96	100	106	112	118
Inside leg length	77	78	79	80	81	82	83

Men's trousers

Unisex sizes	XS		S		M		L		XL		XXL		3XL	
German sizes	40	42	44	46	48	50	52	54	56	58	60	62	64	66

Unisex sizes to ladies sizes

XS	S	M	L	XL	XXL	3XL	4XL	5XL									
32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66

Unisex sizes to men's sizes

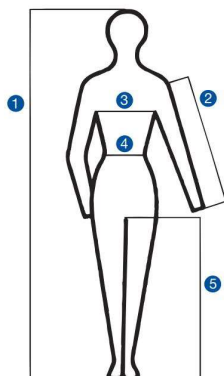
XS	S	M	L	XL	XXL	3XL	4XL	5XL									
40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	74

Conversion table for chef's jackets

Men's sizes to ladies sizes

Men	40	42	44	46	48	50	52	54	56	58	60	62	64	66
Ladies	34	36	38	40	42	44	46	48	50	52	54	56	58	60

Please note that size tables contain body measurements, not the final dimensions of our work clothes.



- 1 body height
- 2 sleeve length
- 3 chest measurement
- 4 waist measurement
- 5 inside leg length